FROM THE DOCTORS OF OUR COMMUNITY

UNDERSTANDING ANTIBODY TESTING

COVID-19 Antibody testing is now available and many in our community have had or are considering having the antibody testing done. The antibody test is a blood test that is different than the nasal swab test that is done to confirm an active COVID-19 infection. Antibody testing can help us identify those who have had COVID-19 illness. We encourage those of you who have recovered from COVID-19 to participate in the antibody testing trials being conducted by academic medical centers (e.g. Mayo Clinic and Mt Sinai) who are studying the use of donated plasma for the treatment of sick COVID-19 patients.

It is critical that you know that many antibody tests outside of these trials have not been approved and may provide inaccurate and unreliable results, particularly those being touted as providing rapid results.

We urge everyone in our community to know that although antibody testing may have benefit in the future, the antibody test presently has several serious limitations.

- The presence of antibodies DOES NOT necessarily mean that you are immune to the COVID-19 virus.
- The presence of antibodies DOES NOT mean that you are no longer contagious.
- Conversely, the absence of antibodies DOES NOT mean that you do not have COVID-19 as you may be in the asymptomatic phase and still be infectious to others.
- In addition, it may be possible to become re-infected with COVID-19 after all of the symptoms have gone away. Studies are now investigating the question of who is immune to the COVID-19 virus and therefore, will not get the illness again, but it is not yet known who is immune.
- An antibody test that shows that you have antibodies is not a license of any sort to reduce COVID-19 precautions or social distancing.

We implore you to continue to protect your loved ones and **DO NOT** rely upon antibody testing at this time as a passport to exit from social distancing. We have learned much about the coronavirus and there is reason to be hopeful as treatments and vaccines will become available. However, until that time, please stay safe, continue to practice social distancing, and do not rely upon antibody testing to guide your behavior.

Respectfully,

Your Community Doctors

Rabbi Elie Abadie M.D. Dr. Maurice Betesh Dr. Murray Choueka Dr. Jeff Abergel Dr. Saul Betesh Dr. Max Cohen Dr. Maurice Alwaya Dr. Robin Bobo Dr. Ezra Dayan Dr. Albert M. Bassoul Dr. Joey Bouganim Dr. Nessy Dahan Dr. Sam Bekar Dr. Jack Braha Dr. Stuart Ditchek Dr. Aline Benjamin Dr. Hymie Chera Dr. Victor Douek

Please note that this letter was composed in an expedited fashion as a response to the current quickly changing situation. We apologize in advance for any errors or omissions. We also welcome comments and any other doctors who would like to have their name added to future versions and updates. Please email us at info@scaupdates.org

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